

Career Mentoring



THOMPSON
RIVERS
UNIVERSITY

Alumni

Mentor Program

SHARE your career path

IMPACT student career growth

CONNECT with TRU Campus

ENHANCE leadership & coaching skills



Goal of the Mentoring Program

- Help students connect their education and career
- Teach and encourage networking skills
- Impart your knowledge and experiences to students
- Guide students to build meaningful careers

60% to 70% of jobs are found through networking.

Why Volunteer

- Mentor relationships have been proven to help students transition from post-secondary education to meaningful careers.
- Network with other mentors and grow your social and business circle.
- Teach and encourage networking skills



Sample Questions for Students

- Tell me about yourself (education, work experience, volunteer, student clubs, etc.).
- What influenced your decision to study your current program?
- Career plans post-education at TRU.
- Any experience that might help you meet your goals?
- Do you have any questions for me?
- Are you willing to relocate or travel for your career?

Sample Questions Asked by Students

- How did education at TRU help in finding your career?
- What jobs and experiences led to your present position?
- What is the most satisfying and challenging part of the job?
- Why did you decide to work for your current company?
- What is the future of employment in this field?
- What can I do to upskill for a career in the XYZ field?
- What are the typical entry-level job titles and functions?
- What student characteristics stand out in a workplace?
- What is the best work-search advice you have received?
- Does volunteer work make an impact on the hiring process?

Thank you!

Thank you for volunteering your time to attend the TRU Career Mentoring Program. This program is a result of the successful collaboration between TRU Career & Experiential Learning, TRU Alumni and participating TRU faculties and schools.